

RIVERSIDE BROOKFIELD  
HIGH SCHOOL

# **2009 SUMMER PROGRAMS**

## **ATHLETICS**

**RBHS SUMMER ATHLETIC CAMPS 2009**

**All grades listed are for fall of '09**

Boys' Baseball  
Boys' Basketball, Incoming Freshmen  
Boys' Basketball, Incoming Sophomores & Varsity  
Boys' Basketball, grades 4-8

Girls' Basketball, grades 9-12  
Girls' Basketball, grades 5-8  
Boys' Golf, grades 9-12  
Girls' Golf, grades 9-12

Boys' Running, grades 9-12  
Girls' Running, grades 1-8 and grades 9-12  
Soccer, boys & girls grades 9-12  
Sports Conditioning/weight training, grades 9-12

Coed Tennis Experienced High School grades 10-12  
Coed Tennis Skill Development for High School grades 9-12  
Coed Tennis grades 6-8  
Coed Tennis grades 3-5

Boys' & Girls' Volleyball, grades 9-12, grades 5-8

## ***SUMMER CAMP GENERAL INFORMATION***

All fees are due prior to the first day of camp participation. Refunds will be issued on a case-by-case basis. Students who wish to take camps conflicting with Summer School Classes, should contact Mr. Passarella to see if this arrangement is possible.

Campers should come dressed appropriately with any needed equipment and ready to actively participate.

**Absences from camp should be reported to the coach.**

**PLEASE NOTE THAT DUE TO CONSTRUCTION, SOME CAMPS WILL BE HELD AT THE MAX EXPO CENTER @ 4750 S. VERNON IN MC COOK. GO TO: <http://www.max-mccook.com/directions.htm> FOR DIRECTIONS.**

### ***CONTACTS FOR SUMMER CAMP INFORMATION***

Athletic Director	Otto Zeman III	442-7500 ext. 115 or (c) 708-473-6937
A.D. Secretary	Terry Cavanaugh	442-7500 ext. 114
Baseball	Mike Zioli	442-7500 ext. 194 cell 815-263-5167
B Basketball	Mike Reingruber	442-7500 ext. 320 or
	Tom McCloskey	cell 363-2947
G Basketball	Larry Rocco	cell 708-715-3504
B Golf	Larry Rocco	cell 708-715-3504
B Running	Larry Forberg	442-7500 vm 221
G Running	Whitney Carlson	441-7500 vm 273 cell 815-347-5142
B Soccer	Danny Makaric	cell 769-4141
G Soccer	Marisa Dobbertin	442-7500 vm 363 cell 630-885-4854
FB/Conditioning	Otto Zeman	442-7500 ext. 115 or cell 473-6937
Tennis	Bob Hegner	cell 296-0864
Volleyball	Dan Bonarigo	442-7500 vm 847-951-9554

## ***2009 SUMMER CAMPS***

### **BOYS' VARSITY BASEBALL SUMMER LEAGUE**

Mike Zirolì, Head Varsity Coach

Marty Sloan, Jame Holt, Dan Monahan and Kevin Turk, Assistant Coaches

For returning RB baseball players entering grades 11 & 12 during the 2009-10 school year. Students will compete in the Near West Summer League against other local schools. T-shirt provided

Dates: June 9 –July 18, Monday-Thursday  
1:00 p.m. - 4:00 p.m. games and practice

*Fee:* \$150

### **BASEBALL SUMMER CAMP**

For RB students entering 9<sup>th</sup> grade during the 2009-10 school year. Camp focuses on fundamental skill development and overall baseball strategy. T-shirt provided.

Dates: June 15 – June 19

**Time: 8:00 am-10 am (NEW TIME)**

*Fee:* \$75.00

PLEASE CHECK [WWW.RBULLDOGSPORTS.COM/BASEBALL](http://WWW.RBULLDOGSPORTS.COM/BASEBALL) FOR ANY UPDATES OR CHANGES TO DATES/TIMES/LOCATIONS. CONTACT COACH ZIROLI AT [ZIROLIM@RBHS208.ORG](mailto:ZIROLIM@RBHS208.ORG) WITH QUESTIONS.

## **BOYS' BASKETBALL CAMPS HELD at the MAX in McCook**

Tom McCloskey, Head Boys' Basketball Coach, Boys Basketball Asst. Coaches, and players

This camp has a fun atmosphere. All skill levels are encouraged to attend. Campers will participate in drills, contest, and games each day.

### **Grades 4-8 Camp** (fall of '09)

June 22,24,25,26 10:00-11:30 a.m.  
June 29,30, July 1,2,3 12:00-1:30 p.m.

#### **Location: THE MAX IN MC COOK**

*Fee:* \$90 includes t-shirt (make checks payable to RBHS).

### **Incoming Freshman Camp** (fall of '09)

June 22,24,25,26 11:30-1:00 p.m.  
June 29,30, July 1,2,3 1:30 - 3:00 p.m.

#### **Location: THE MAX IN MC COOK**

*Fee:* \$90 includes t-shirt (make checks payable to RBHS).

### **Incoming Sophomore Camp** (fall of '09)

June 8,9,10,11 1:30 - 3:00 p.m.  
June 15,17,22,24 11:30-1:00 p.m.  
June 29, July 1,3 1:30-3:00 p.m.

#### **Location: THE MAX IN MC COOK**

*Fee:* \$90 includes t-shirt (make checks payable to RBHS).

### **Incoming Varsity Camp** (fall of '09)

June 8,9,10,11 1:30-3:00 p.m.  
June 16 12:00-1:30 p.m.  
June 18 11:30-1:00 p.m.  
June 25,26 11:30-1:00 p.m.  
June 30, July 2 1:30-3:00 p.m.

#### **Location: THE MAX IN MC COOK**

*Fee:* \$90 includes t-shirt (make checks payable to RBHS).

## **GIRLS' BASKETBALL CAMPS**

Larry Rocco, Varsity Basketball Coach (708-715-3504)

All girls' basketball campers will receive instruction in all areas of the game and participate in contests and 5 on 5 action each day. **HELD AT THE MAX IN MC COOK**

### **High School Division**—grades 9 through 12 (fall of '09)

June 8 - June 18  
9:00 a.m. - 10:30 a.m. June 8<sup>th</sup> through June 12<sup>th</sup>  
9:00 am - 10:30 a.m. June 15<sup>th</sup> through June 18<sup>th</sup>

Location: **THE MAX IN MC COOK – Week 1**

**TBA – Week 2**

*Fee:* \$90 includes t-shirt

Fee for Gross incoming freshman – due to calendar, fee is \$75.00

### **Grades 5 through 8 Division** (fall of '09)

June 11, 12 - 10:30 a.m. - 12:00  
June 15, 16, 17, 18 8:30 a.m. - 10:00 **HELD AT THE MAX IN MC COOK**

*Fee:* \$75.00 includes t-shirt

### **BOYS' AND GIRLS' GOLF CAMP**

Larry Rocco, Head Coach

708-715-3504 for more information

All golfers will receive one hour of teaching instruction at the driving range. Thursday will be spent golfing. We will meet at RB in front of the school at 12:30 p.m. and take busses to the driving range or golf course. Please bring your own golf clubs each day. Grades 9-12 (fall of '09)

June 15-18 Monday through Thursday

12:30 p.m. - 2:30 p.m. Monday through Wednesday

12:30 p.m. - 4:00 p.m. (approximate) Thursday

*Fee:* \$80.00 includes range balls & golf fees on Thursday

### **BOYS' RUNNING CAMP**

Boys' High School Running:

Larry Forberg, Head Boy's Cross Country Coach

Dan O'Rourke, Assistant Cross Country Coach

This camp is open to high school students, including incoming freshmen, seventh and eighth graders. Participants will develop running skills and an appreciation for distance running.

June 22 – July 30 Monday/Tuesday/Wednesday/Thursday

8:00 am – 10:00 am. Location: Meet at track at stadium

*Fee:* \$75 includes one t-shirt & transportation costs for running trips

### **GIRLS' RUNNING CAMP**

Whitney Carlson, Head Girls' Cross Country Coach

This camp is open to high school students, including incoming freshmen. Participants will develop running skills and an appreciation for distance running. They will participate in daily distance running, running on the lakefront, road runs, and various other activities. No running experience is required. Participants should report to the track at the stadium.

June 22- July 30 Monday/Tuesday/Wednesday/Thursday

8:00-10:00 a.m. Location: The track at the stadium

*Fee:* \$75 includes one t-shirt & transportation costs for running trips

### **BULLDOG SOCCER CAMP**

Marisa Dobbertin & Danny Makaric, RB Soccer Coaches

This camp is open to all boys and girls entering grades 9-12. This camp will provide players with basic through advanced skills and instruction specifically tailored to the RB Soccer programs. Campers must have shinguards, water bottles and comfortable clothing.

A t-shirt and soccer ball will be provided.

July 13-17                      Monday through Friday                      *Fee: \$75*  
Girls: 9:00-11:00 a.m.  
Boys: 6:00-8:00 p.m.  
Location: Stadium

### **SPORTS CONDITIONING AND WEIGHT TRAINING CAMP**

Otto Zeman III, Head Football Coach

This program is open to high school students including incoming freshmen. Daily work consists of weight training, agility conditioning and individual offensive and defensive drills. The conditioning portion will help students develop football skills.

*Fee: \$75*

Meeting dates: June 8-11, 15-18, 22-25, July 6-10, 13-17, 20-23  
6:30 - 9:00 a.m. - **Seniors & Juniors** AT THE MAX IN MC COOK  
7:00 - 9:00 am - **Sophomores** - Location: Shuey Stadium

**Incoming Freshmen (fall '09)** Meeting dates: June 16-18, 23-25,  
July 7-9, 14-16, 21-23  
10 - 12:00 p.m. all dates **EXCEPT July 14-16 11- 1:00pm**  
Location: Shuey Stadium

## **COED TENNIS CAMP**

Bob Hegner, Girls' Tennis Coach

The RB tennis camps are again coed for this summer. All camps will work on the five basic strokes of tennis: serve, volley, ground stroke, overhead and lob. Beginning players will also learn scoring and tennis court vocabulary and experienced players will also work on the mental aspects of the game. Each session will feature drills, games, and fun!

July 6-10, 13-17 and 20-24 Monday through Friday  
Minimum 10; Maximum 28 participants for each camp  
Location: RB Tennis Courts

*Fee:* \$90 lessons; free camp t-shirt if registered by Friday, June 5

Camp 1. 8:00-9:25 a.m. High school boys and girls with team competition experience and entering their junior or senior year.

Camp 2. 9:30-10:55 a.m. All other high school boys and girls, including incoming freshmen, who may lack team experience but want to learn/develop tennis skills and perhaps join an RB tennis team in the coming school year.

Camp 3. 11:00 a.m.-12:25 p.m. Junior high (grades 7 & 8, fall '09) boys and girls who would like to learn/develop tennis skills.

Camp 4. 12:30-1:55 p.m. Other grade school (grades 3-6 fall '09) boys and girls who would like to learn to play tennis.

*Any session rained out will either be scheduled later in the afternoon of the same day or in the afternoon of one of the following camp days.*

## **DOUBLES TENNIS WORKSHOP**

Bob Hegner, Girls' Tennis Coach

This one week camp will focus on doubles play for team experienced boy and girl players vying for positions on the RB tennis teams. Doubles instruction and competition will be offered.

June 22-26 Monday through Friday 8:00 a.m.-10:00 a.m.  
Minimum 12, Maximum 24 participants  
Location: RB Tennis Courts  
*Fee:* \$25

**BOYS' and GIRLS' VOLLEYBALL SKILLS CAMP**

**HELD at THE MAX in McCook**

Dan Bonarigo, Head Boys and Girls Volleyball Coach

Camps will include daily instruction in all volleyball skills from head coach, Dan Bonarigo and girls' and boys' volleyball assistant coaches. The cost of the camp will include a t-shirt.

**Junior High Girls and Boys (grades 5-8 fall of '09)**

June 22-26, 29, 30, July 1-3            8:45-10:00 am  
Cost \$85.00

**High School Girls (grades 9-12 fall '09)**

June 22-26, 29,30, July 1-3            7-8:45 am  
Cost \$95.00

**High School Boys (grades 9-12 fall '09)**

June 12<sup>th</sup> (12-3pm),15<sup>th</sup> (1-3pm), 16<sup>th</sup> (1:30-3:00pm), 17<sup>th</sup> (1-3pm),  
18<sup>th</sup> (1-3pm), 19<sup>th</sup> (1-3pm), 22<sup>nd</sup> (1-3pm), 29<sup>th</sup> (10-12pm)

July 1 (10-12pm), July 2<sup>nd</sup> (10-12pm)  
Cost \$95.00

## RBHS 2009 SUMMER ATHLETIC REGISTRATION FORM

Student's Name \_\_\_\_\_ Gender M \_\_\_\_\_ F \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_\_ Grade entering Fall '09 FR SO JR SR

School Attending Fall 2009 \_\_\_\_\_

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_  
Street \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Student's T-shirt size (circle for sports camps):  
Adult S M L XL  
Child S M L

**Camp Title** \_\_\_\_\_

Date(s) \_\_\_\_\_ Fee paid \_\_\_\_\_

**Camp Title** \_\_\_\_\_

Date(s) \_\_\_\_\_ Fee paid \_\_\_\_\_

**Camp Title** \_\_\_\_\_

Date(s) \_\_\_\_\_ Fee paid \_\_\_\_\_

As the parent of a participant in the program, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the sole risk of any injury, including death, damages or loss which may be sustained as a result of participating, in any manner in any and all activities connected with or associated with such program. I further recognize and acknowledge that athletic activities may involve strenuous exertion, potential body contact, may be hazardous and involve substantial risk of injury. I agree to waive and relinquish any and all claims that I may have as a result of my child's participating in the program against Riverside Brookfield High School. I understand the nature of the program for which I am registering, and have read and fully understand this waiver.

Parent Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

**Please return registration form and payment to RBHS Business Office from March 17 through May 22, 2009.**

I would like to request a parking permit for Rockefeller Road. The Assistant Principals' office will contact you to inform you of your request. Due to limited summer parking space if denied, you will need to make appropriate accommodations to avoid being ticketed.